



Herlev Løbe-  
og  
Atletikklub

## Stafetten 15. juni 2019

### Tider

Hold 7		Tid	1 tur	Tid	2 tur	I alt	Hold	Placering
1 Løber	Heidi Lundstrøm	00:09:34	00:09:34	00:35:29	00:09:37	00:19:11		
2 Løber	Sabrina Feltendahl Zeuner	00:18:12	00:08:38	00:44:02	00:08:33	00:17:11		
3 Løber	Flemming Bargholz	00:25:52	00:07:40	00:51:36	00:07:34	00:15:14	<b>00:51:36</b>	<b>1</b>
Hold 5		Tid	1 tur	Tid	2 tur	I alt	Hold	Placering
1 Løber	Allan Hansen/Søren Nielsen	00:10:25	00:10:25	00:36:19	00:08:51	00:19:16		
2 Løber	Anette Helgesen	00:19:41	00:09:16	00:45:46	00:09:27	00:18:43		
3 Løber	Allan Amundsen	00:27:28	00:07:47	00:53:42	00:07:56	00:15:43	<b>00:53:42</b>	<b>2</b>
Hold 1		Tid	1 tur	Tid	2 tur	I alt	Hold	Placering
1 Løber	Eva Christiansen	00:09:43	00:09:43	00:36:21	00:09:47	00:19:30		
2 Løber	Birger Hæggqvist	00:18:43	00:09:00	00:45:38	00:09:17	00:18:17		
3 Løber	Kenneth og Liam Zeuner	00:26:34	00:07:51	00:53:54	00:08:16	00:16:07	<b>00:53:54</b>	<b>3</b>
Hold 2		Tid	1 tur	Tid	2 tur	I alt	Hold	Placering
1 Løber	Randi Olsen	00:11:25	00:11:25	00:38:28	00:11:22	00:22:47		
2 Løber	Pia Frisendahl	00:20:24	00:08:59	00:47:26	00:08:58	00:17:57		
3 Løber	Allan Pedersen	00:27:06	00:06:42	00:54:26	00:07:00	00:13:42	<b>00:54:26</b>	<b>4</b>
Hold 4		Tid	1 tur	Tid	2 tur	I alt	Hold	Placering
1 Løber	Mogens Bertram-Nielsen	00:08:43	00:08:43	00:36:00	00:08:54	00:17:37		
2 Løber	Anny Høj	00:18:51	00:10:08	00:46:13	00:10:13	00:20:21		
3 Løber	Tina Møller	00:27:06	00:08:15	00:54:36	00:08:23	00:16:38	<b>00:54:36</b>	<b>5</b>
Hold 6		Tid	1 tur	Tid	2 tur	I alt	Hold	Placering
1 Løber	Lene Riising Bentsen	00:10:40	00:10:40	00:38:12	00:11:05	00:21:45		
2 Løber	Henrik Østergren	00:19:46	00:09:06	00:47:43	00:09:31	00:18:37		
3 Løber	Tine Kragh Nielsen	00:27:07	00:07:21	00:55:13	00:07:30	00:14:51	<b>00:55:13</b>	<b>6</b>
Hold 3		Tid	1 tur	Tid	2 tur	I alt	Hold	Placering
1 Løber	Lisa Hæggqvist	00:10:17	00:10:17	00:38:08	00:10:04	00:20:21		
2 Løber	Daisy Zeuner	00:21:18	00:11:01	00:49:05	00:10:57	00:21:58		
3 Løber	Kim Lilhammer	00:28:04	00:06:46	00:55:36	00:06:31	00:13:17	<b>00:55:36</b>	<b>7</b>